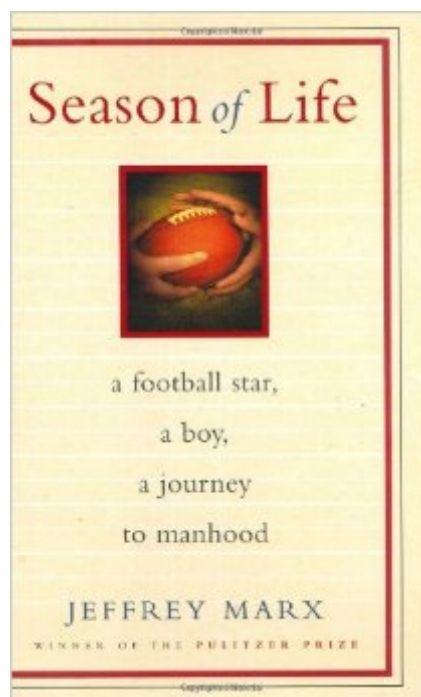


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# Season Of Life: A Football Star, A Boy, A Journey To Manhood



## Synopsis

The bestselling inspirational book in which the author reunites with a childhood football hero, now a minister and coach, and witnesses a revelatory demonstration of the true meaning of manhood. Joe Ehrmann, a former NFL football star and volunteer coach for the Gilman high school football team, teaches his players the keys to successful defense: penetrate, pursue, punish, love. Love? A former captain of the Baltimore Colts and now an ordained minister, Ehrmann is serious about the game of football but even more serious about the purpose of life. *Season of Life* is his inspirational story as told by Pulitzer Prize-winning journalist Jeffrey Marx, who was a ballboy for the Colts when he first met Ehrmann. Ehrmann now devotes his life to teaching young men a whole new meaning of masculinity. He teaches the boys at Gilman the precepts of his Building Men for Others program: Being a man means emphasizing relationships and having a cause bigger than yourself. It means accepting responsibility and leading courageously. It means that empathy, integrity, and living a life of service to others are more important than points on a scoreboard. Decades after he first met Ehrmann, Jeffrey Marx renewed their friendship and watched his childhood hero putting his principles into action. While chronicling a season with the Gilman Greyhounds, Marx witnessed the most extraordinary sports program he's ever seen, where players say "I love you" to each other and coaches profess their love for their players. Off the field Marx sat with Ehrmann and absorbed life lessons that led him to reexamine his own unresolved relationship with his father. *Season of Life* is a book about what it means to be a man of substance and impact. It is a moving story that will resonate with athletes, coaches, parents—anyone struggling to make the right choices in life.

## Book Information

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Average Customer Review: 4.8 out of 5 stars [See all reviews](#) (207 customer reviews)

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## Customer Reviews

Loved SEASON OF LIFE by Jeffrey Marx . . . it is the author's account of the Gilman High School football team that is unlike any sports book that I've ever read, in that it is more about how Gilman's coaches use the game to teach such principles as love, empathy, integrity and living a life of service. The 2001 Gilman Greyhounds did not go undefeated; in fact, they barely had a winning season (having previously been one of the top teams in the country) . . . however, their record was never the important thing. As the head coach noted when a mother asked him how successful did he think the boys were going to be, he replied, "I have no idea. . . . I won't really know how successful they're gonna be till they come back to visit in twenty years. . . . Then I'll be able to see what kind of husbands they are. I'll be able to see what kind of fathers they are. I'll see what they're doing in the community." Marx often quotes Joe Ehrmann, a former NFL football star and volunteer Gilman coach . . . now also an ordained minister, Ehrman devotes his life to teaching the Gilman team the precept of his Building Men for Others program: Being a man means emphasizing relationships and having a cause bigger than yourself. It means accepting responsibility and leading courageously. In addition, it means players saying "I love you" to each other and coaches professing their love for their players.

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