Living Buddha, Living Christ
"[Thich Nhat Hanh] shows us the connection between personal, inner peace and peace on earth."
--His Holiness The Dalai Lama

Nominated by Martin Luther King, Jr. for a Nobel Peace Prize, Thich Nhat Hanh is one of today's leading sources of wisdom, peace, compassion and comfort. The 20th anniversary edition of the classic text, updated, revised, and featuring a Mindful Living Journal.

Buddha and Christ, perhaps the two most pivotal figures in the history of humankind, each left behind a legacy of teachings and practices that have shaped the lives of billions of people over two millennia. If they were to meet on the road today, what would each think of the other's spiritual views and practices? Thich Nhat Hanh has been part of a decades-long dialogue between two great contemplative traditions, and brings to Christianity an appreciation of its beauty that could be conveyed only by an outsider. In lucid, meditative prose, he explores the crossroads of compassion and holiness at which the two traditions meet, and he reawakens our understanding of both. "On the altar in my hermitage," he says, "are images of Buddha and Jesus, and I touch both of them as my spiritual ancestors." --This text refers to the Paperback edition.

**Synopsis**

This is an excellent book for anyone whose mind is open and not mired in dogma. No book can convince anyone who insists on being stubbornly dogmatic. I am a Christian. I practice meditation. The objective of meditation, Christian or Buddhist, is not to empty your mind of everything. The objective is to learn to see. Hahn does view Christ as a living person and a historical figure. In fact, he very pointedly remarks that most Christians seem to be more interested in Christian dogma than
in what Christ actually did—the example he lived for all of us. By the way, "Living Christ" is part of the title. "Traditional" Christianity has much in common with the Pharisees of Jesus’ day. Now that Hanh is living and speaking in a Christ-like way, it’s not surprising that he’s encountering resistance, misunderstanding, and intolerance. "Traditional" Christianity is what it is, not because of being true to itself, but because of being true to Western Civilization's ethos of valuing material things, exploiting nature, and controlling the masses for political gain. Christianity and Science (the modern religion) both struggle with the problems that arise from the presumed existence of an objective world. "Traditional" Christianity diverged from the teachings of Christ within the very first century of the Church. Hanh exposes this quite convincingly, as long as you’re not afraid to see it. Some reviewers have suggested that a Buddhist such as Hanh has no authority in defining what Christianity is or what it means to be a Christian. Who does? The very labels "Buddhist" vs. "Christian" cause a divisiveness that is as unfortunate as it is unnecessary. Each one of us is a human being on a spiritual journey.

Download to continue reading...

Living Buddha, Living Christ 20th-Anniversary Edition
Living Buddha, Living Christ Buddha Is as Buddha Does: The Ten Original Practices for Enlightened Living
In the Buddha’s Words: An Anthology of Discourses from the Pali Canon (Teachings of the Buddha)
How Would Buddha Think?: 1,501 Right-Intention Teachings for Cultivating a Peaceful Mind (The New Harbinger Following Buddha Series)
The Buddha’s Teachings on Social and Communal Harmony: An Anthology of Discourses from the Pali Canon (Teachings of the Buddha)
The Middle Length Discourses of the Buddha: A Translation of the Majjhima Nikaya (Teachings of the Buddha)
The Long Discourses of the Buddha: A Translation of the Digha Nikaya (Teachings of the Buddha)
12 Steps on Buddha’s Path: Bill, Buddha, and We Great Disciples of the Buddha: Their Lives, Their Works, Their Legacy (Teachings of the Buddha)
The Numerical Discourses of the Buddha: A Complete Translation of the Anguttara Nikaya (Teachings of the Buddha)
Suns of God: Krishna, Buddha and Christ Unveiled
Frugal Living: 55 Tips to Save Money! Enjoy Living on a Budget, Become Debt Free, and Have Complete Financial Independence (Frugal Living Books, frugal living for dummies, frugal living made simple)
The Second Coming of Christ: The Resurrection of the Christ Within You (Self-Realization Fellowship)
The Bible (student book): The Living Word of God (Living in Christ)
The Living Buddha: An Interpretive Biography (Soka Gakkai History of Buddhism)
1 Peter: A Living Hope in Christ - Bible Study Book